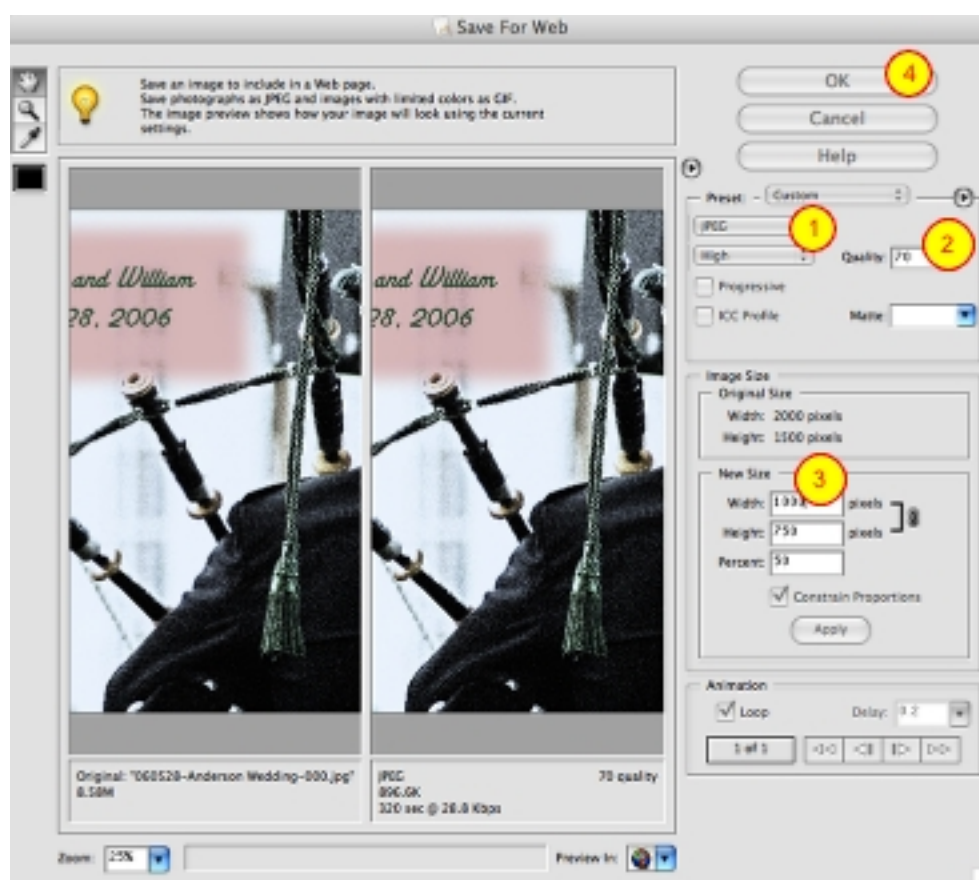


Using "Save For Web" in Adobe Photoshop (including Elements)

by Sandro V Cuccia - sandro@ImageMedic.com

This is the method by which image files are properly formatted and saved for the purpose of e-mailing or submitting to a website.

The "Save For Web" Dialog Box



(Note: The above image depicts the **Save For Web** dialog box in *Photoshop Elements* Version 4 for Macintosh. Your particular version may differ slightly but the controls and procedures in these instructions are the same.)

Once your image is open and ready to save for e-mailing, go to **menu:FILE>SAVE FOR WEB**.

The **Save For Web** dialog box comes up. Here are the settings you need to make:

1. First make sure that the file format to be saved is JPEG via the Format pop-up menu [1]
2. Set the Quality of the JPEG to between 50 and 70 [2]
3. Set the pixel dimensions of the image to between 800 and 1000 pixels on the longest side (width or height depending on picture orientation). [3] Be sure that "Constrain Proportions" is selected.
4. Finally, click **OK** [4] to exit the **Save For Web** dialog box.

Finishing Up

After clicking **OK** and exiting the **Save For Web** dialog box, *Photoshop* will present the standard **Save** dialog box. You select the location where you want the image JPEG file saved onto disk. Be careful not to replace a similarly-named file in case you are asked by the program to do so.

When ready to attach the image to an e-mail, ascertain that you are selecting the correct image file!